

ISP RESPONSE & RETURN TO PLAY ACTION PLAN

SUMMER 2020

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Hello and welcome to both old and new ISP families! We hope that you and your family are doing well and staying healthy.

We feel that summer programs are even more important this year and we have been working hard to create a fun program, in a safe environment that everyone can enjoy. For those that have enjoyed summer with us in the past, things will be different this year. For new families, thank you for trusting us with your children.

We have created this handbook to share our guidelines for this summer. This will include new policies and procedures relating to Covid-19. Our number 1 priority is the health and safety of our participants.

By following the guidelines of the NJ DOH and the CDC we are working hard to keep the risk as low as possible.

Please read carefully through this handbook so you are comfortable and aware of what we will be asking of everyone this summer.

We look forward to providing the best possible summer to your child.

Jade Jacobs - ISP Program Director

ISP SUMMER RETURN TO PLAY PROTOCOL

Participants: Covid-19 Communications

At the beginning of the program, staff will hold a brief meeting on behaviors and precautions that participants should abide by to prevent the spread of Covid-19. This will include-

- How to practice physical distancing while at the facility
- Which symptoms to look out for & when to report them, and to whom:
 - Fevers & Chills
 - Cough
 - Shortness of breath
 - Fatigue
 - Muscle or body aches
 - New loss of smell or taste
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- When to stay home
- Coughing etiquette
- Other specific policies related to ISP specifically

SCREENING & PROGRAM ADMITTANCE

ISP will require a self-administered pre-screening for both staff and participants prior to the start of the program.

The self-screening will include:

- Self-screening for the presence of symptoms (fever of 100.4F or higher, cough, shortness of breath/tightness, chills, sore throat, new loss of smell/taste, any other unusual symptoms)
- Staff and participants are required to take their temperature each morning before attending the program

Date	Temperature	Fever	Cough	Tightness in Chest/ Pain/Tightness	Shortness of breath	Chills	Sore Throat	New loss of smell/taste	Any other unusual symptoms

The above table can be used to track self-screening. The table will not be required to be submitted to anyone.

- Determining if the individual has been in close contact with a person who has been diagnosed with Covid-19.

ONGOING DAILY SCREENING

Daily health screens will be required for participants

Prior to your child exiting the car, our staff will do and ask the following-

- Take your child's temperature using a thermal thermometer. Reading must be below 100.4F
- Have you experienced any other Covid-19 symptoms- cough, tightness of chest, shortness of breath, chills, sore throat, new loss of smell/taste, any other unusual symptoms?

DROP OFF PROCEDURES

Parents will not be allowed to exit their vehicles.

Upon arrival, you will be required to open your car window where you will your child's temperature will be checked and you will be asked the on-going daily screening questions. Once cleared, your child will be instructed on where they should go.

PICK UP PROCEDURES

Parents will not be allowed to exit their vehicles.

Please have a note card with the initial of your child's first name and full last name in your car window. For e.g. J. Smith. This will help staff locate parents at the end of the day.

If your child needs to be picked up early, please send your child with a note stating their pickup time for them to give to their coach. This will allow the coach to make sure your child is ready to leave at that time.

GROUP SIZES AND COACHES

Each group will be no larger than 10 participants. These groups will remain the same throughout the week and groups will not intermingle. The coach will work with the same group throughout the week.

PPE

Participants will not be required to wear a mask during the program. It is up to the parent's discretion as to whether you would like your child to wear a mask. Social distancing will be maintained as best as possible throughout, therefore we do not recommend wearing a mask.

Participants must wear a mask while walking to and from their car. Please have a sealed bag for your child to put their mask into once they have arrived.

Staff members will wear a masks for drop off and pick up and will be encouraged to wear if throughout the session. There may be moments where their mask is removed when socially distancing.

HYGIENE & HANDWASHING

Participants will be required to wash their hands upon arrival and between activities. Specific 'handwashing stations' will be set up for easy hand washing.

Hands should be washed the following way:

- Wet your hands with clean running water. Turn off the tap and apply soap.
- Lather your hands by rubbing them together with the soap. Make sure to lather the back of your hands, between your fingers and under your nails.
- Scrub your hands for at least 20 seconds.
- Rinse your hands under clean running water.
- Dry your hands using a clean towel or an air dryer. You can use a paper town to turn off the faucet and/or open the door.

HAND SANITIZER

We ask that all our participants bring their own personal hand sanitizer to the program. There will also be hand sanitizer available at the facility.

Hand sanitizer should be used the following way:

- Hand sanitizer should contain greater than 60% ethanol or greater than 70% isopropanol.
- Apply the product to the palm of one hand.

- Rub your hands together. Make sure the product makes contact with the back of your hands, palms, between your fingers and fingertips.
- Continue to rub your hands together until your hands are dry.

LUNCH, SNACKS & WATER/DRINKS

This year, we are only running 3-hour programs. This means there will be no snack breaks or lunch time. Please make sure your child has breakfast before they arrive. If there is a reason your child will need to eat within the 3 hour time frame, please email jade@ispeventcenter.com and send a note for your child to give to their coach.

Participants must bring all their own water/drinks. No water will be shared or provided at ISP.

CLEANING & DISINFECTING

Each coach will have their own cleaning and disinfecting supplies. They will disinfect all equipment before and after use. Coaches will be the only people to pick up and move cones. Coaches will disinfect any equipment that has been shared.

ISP will have a strict cleaning schedule put in place. ISP will ensure the following:

- Clean and disinfect frequently touched surfaces multiple times a day.
- Clean and disinfect equipment between uses.
- Provide hand washing stations, hand sanitizer and hand soap.
- Post signs and give reminders about hand washing .

SCHEDULE

Our multi-sport programs will look different from previous years.

Each group will have the following:

- Specifically, designated area for their activities.
- Each child will have a specifically designated area for their belongings.

A typical day would look like-

9:00-9:45- Soccer

9:45-10:30- Olympics/ Athletics

10:30-11:00- Quiz/ Nonphysical activity

11:00- 11:30- SAQ

11:30- 12:00 Competition of the day

Sports/Activities will need to be adapted in order to maintain social distancing

FIELD SET UP

This is an example of how a field may be set up. Please note that as the summer progresses and restrictions changes, these set ups may differ:



COVID-19 RESPONSE

If a staff member or participant has a symptom of Covid-19:

- We will notify parents of anyone in that group.
- The ill participant will be immediately separated from their group and will remain separated until they can leave.
- All equipment will be immediately disinfected.
- Staff and participant must be symptom free for at least 48 hours prior to returning to the program.

If a staff member or participant tests positive for Covid-19:

- If a staff member or participant tests positive for Covid-19, we will notify all parents at that location. The program will be suspended for a minimum of 48 hours.

THOSE WITH HIGHER RISK FACTORS

Those with higher risk factors to Covid-19 include people of all ages with underlying medical conditions, particularly if not well controlled. These include individuals with:

- Chronic lung disease or moderate to severe asthma
- Serious heart conditions
- Impaired immune systems
- Severe obesity (BMI of 40 or higher)
- Diabetes
- Chronic kidney disease undergoing dialysis
- Liver disease

WHAT TO BRING?

Please make sure your child has what they need for the program as items cannot be shared.

Every day your child should:

- Wear comfortable clothing for playing sports and sneakers
- Wear mask for going to and from the car

Bring a backpack with:

- Plenty of drinks (or in a cooler). No drinks will be available at the facility
- Sealed bag to put the mask into
- Personal hand sanitizer

BEHAVIOURAL & DISCIPLINARY PROCEDURES

Our main goal and focus are always to provide our participants with a safe and fun environment to learn and play. We thank you in advance for your cooperation and understanding.

We will not tolerate:

- Any acts of physical aggression, intimidation, or bullying
- Communication of any kind that reference racial slurs, homophobic slurs, gender expression/identity slurs, sexual material, or violent material
- Any behavior that deems a threat to the overall safety of the participants

Incidents will be handled on a case by case basis and penalties will range from a suspension to a removal and ban. No refunds will be issued.

For our programs to operate in a safe manner, it is important for participants to adhere to our guidelines. We ask that parents/ guardians please review and reinforce these procedures with their child.

In cases of unruly behavior, the protocol for addressing this issue is as follows:

- First Offense: Warning
Discussion with parent/guardian regarding the incident
- Second Offense: Suspension
Discussion with the parent/guardian regarding the incident. Minimum of a 1 day suspension.
The severity of the incident will determine the length of suspension.
- Third Offense: Dismissal
In the event of a third offense, the participant will be dismissed from the program for the remainder of the summer. NO refunds will be issued.

THANK YOU

We understand there are a lot of changes this year. Our main priority is to keep staff and participants safe and healthy. These guidelines have been taken from the State of NJ and NJYS with guidance from the CDC. They are subject to change as the state, CDC and NJYS continue to make updates.

We hope that everyone feels confident with the policies and procedures we have put into place; we are looking forward to a healthy and happy summer.

CONTACT

Jade Jacobs - Jade@ispeventcenter.com- 973-573-4999

IMPORTANT RESOURCES

[Covid-19 Information](#)

[Handwashing](#)

[Cough Etiquette](#)

[Symptoms related to Covid-19](#)

[Stop the spread of germs](#)

[Physical distancing](#)

[Covid-19 FAQ](#)